NUTGROVE VILLA SURGERY

July 2v025 Quarter 3 NEWS LETTER

FLU SEASON

Flu season is approaching. From early September Nutgrove Surgery will be administering flu jabs to eligible patients. The flu jab helps stop patients catching and spreading the flu which in some cases can be deadly for those who are vulnerable. Are you entitled? See the list below if you're entitled to receive the flu jab from your surgery:

- pregnant women
- all children aged 2 or 3 years on 31 August 2025
- all children in clinical risk groups aged from 6 months to less than 18 years
- those aged 65 years and over those aged 18 years to under 65 years in clinical risk groups
- those in long-stay residential care homes
- carers in receipt of carer's allowance, or those who are the main carer of an elderly or disabled person
- close contacts of immunocompromised individuals

frontline workers in a social care setting without an employer led occupational health scheme including those working for a registered residential care or nursing home, registered domiciliary care providers, voluntary managed hospice providers and those that are employed by those who receive direct payments (personal budgets) or Personal Health budgets, such as Personal Assistants



on 0151 482 6291 to get support.



<u>Are you struggling with drug or alcohol</u> addiction?

We're here to help you take control of your recovery journey and support you in reaching your personal goals. Whether you're concerned about your own drug or alcohol use or someone else's, our team is here to listen and help. When you reach out, you'll be met by a friendly and understanding team of professionals who offer a variety of support options, including workshops, one-to-one sessions, structured groups, and brief interventions.

Together, we'll work toward building a healthier, safer future. Call CGL now

In our first news letter we done 'A day in the life of reception/admin' so we thought it would be insightful for patients to see 'A Day in the life of a GP'...

- GP's will be on call from 8am
- In the morning time GP's will have 10 minute slots to see and call patients. This is roughly 15 patients in the morning
- After morning surgery GP's will action any hospital letters that require attention
- GP's will then go through all lab reports that are sent to the surgery including urine samples, stool samples, swabs, blood tests, nail clippings and any types of scans
- GPs will then authorise any medication requests that have been made by the reception team and patients
- After this the GP's will reply to all queries staff have sent to them in regards to the patients
- GP's will then also work through work baskets that are given with miscellaneous work in including insurance reports, private letters, hospital queries, paper prescriptions etc
- GP's will then also attend any home visits that are booked
- After this GP's will start their afternoon clinic where they will see or call roughly 15 patients with a 10 minute slot each
- After afternoon surgery GP's will then complete and prescriptions and lab reports that have come in while they where in afternoon clinic
- After this the GP is then on call until 6.30pm

Other jobs the GP may do that are not on a daily basis but are as and when on top of their routine day are:

- Sadly, verifying patient deaths
- Attending training
- Attending meetings
- Liaise with emergency hospital teams for hospital admissions
- Emergency lab reports
- Inhouse staff managing



Do You Want To Join Your Surgeries PPG?

Most GP

surgeries have a patient participation group (PPG). This is a group of people who are registered with a GP practice and who have volunteered to work with the practice to represent patients.

This usually includes feeding back patient experience to help the practice improve the ways they do things and also providing a link between the practice and the patients.

Nutgrove have a fantastic ongoing PPG at present but are looking for more members to join to create a more diverse and wider range group. To find out how to join ask reception now!

